

Leisure

Canton Aargau offers many attractive leisure activities. Clubs are particularly important. They offer the opportunity to meet people.

Clubs

Many residents in Canton Aargau are members of a club (Verein). There are clubs for a wide range of interests. Even small communities have athletic, cultural, and other clubs which are an excellent way of meeting people. Most clubs are open for everyone. Information regarding clubs can be found on the community websites.

Offers for Young People

For young people in Canton Aargau there are many recreational offers that give them a chance to meet their peers. Many communities have meeting points and various recreational activities. The young people are supervised, can contribute ideas, and realize projects (Jugendarbeit). Most offers are free. Youth clubs are an opportunity to take part in outdoor activities with peers. The offers are provided by clubs, communities, or regional churches and are open for all young people. The community of residence will provide further information.

Excursions and Culture

Canton Aargau offers many excursions and a rich cultural life. It is famous for its historic old towns, castles, rivers, lakes, and thermal baths. In addition, there are beautiful hiking and biking trails. Numerous museums hold exhibits on a wide variety of subjects. The Aargauer Kunsthaus and the Stapferhaus in Lenzburg are known throughout the country. Aargau Tourism (Aargau Tourismus) has information on excursions and events. Information on cultural events may also be found in local newspapers.

Volunteer Work

Volunteer work (Freiwilligenarbeit) is an unpaid contribution to society and the environment. In Switzerland many tasks are traditionally performed by volunteers. A large part of the work is done by clubs. Those wishing to get involved can join a club that is involved with culture, sports, social causes, education, animal and wildlife protection, health, or other causes. Information regarding volunteer work and volunteer opportunities is provided by the office for volunteer work Benevol, Caritas Aargau, or the Swiss Red Cross Aargau (SRK).

Sports / Culture / Education

Persons with limited financial means are offered discounts for athletic, cultural or educational events when using the Kulturlegi pass. Applications for the pass are made through Caritas. Caritas will provide additional information and verify whether the requirements are met.

Additional information (links, addresses, information sheets, brochures)

www.zdravo-aargau.ch/en/canton-aargau/leisure